

# MALE SEXUAL HEALTH

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Note: This is not a test.** This assessment has been developed to help you become more knowledgeable about your CF, with the help of your CF care team.

This assessment is to be completed by a person who is 16 or older with cystic fibrosis (CF). For each question, please read all the answer choices carefully before choosing the one answer you think is best. If you don't know an answer, leave it blank and move on to the next question.

## 1. Men with CF:

- a) Will never be able to father their own children
- b) Have no risk of a sexually transmitted infection (STI) if they engage in unprotected sex
- c) May father their own children through assisted reproductive technology
- d) Are unable to achieve orgasm during sex
- e) None of the above

## 2. A major barrier to men having children (infertility) is:

- a) Lack of sexual drive
- b) Reproductive organs are slow to develop
- c) The vas deferens, the tube connecting the testes with the urethra, is absent
- d) They do not produce any sperm
- e) All of the above

## 3. Men with CF who lack vas deferens can have biological children if they:

- a) Artificially inseminate their partner by donor sperm
- b) Adopt
- c) Have their sperm retrieved through surgery
- d) None of the above

## 4. Which of the following are effective means of contraception or birth control:

- a) Birth control pills
- b) Pull-out method/withdrawal
- c) Condoms
- d) Answers a and c

## 5. Which of the following activities have been known to spread STIs?

- a) Limiting your number of sexual partners
- b) Using a latex condom
- c) Getting immunized against HPV
- d) None of these

## 6. Which of the following are effective ways to prevent the spread of STIs?

- a) Get vaccinated (against human papillomavirus [HPV] and hepatitis B)
- b) Use condoms consistently and correctly
- c) Don't drink alcohol excessively or use drugs
- d) Avoid anonymous, casual sex
- e) All of the above

## 7. There is a 50% chance of passing CF onto your child if:

- a) You use in vitro fertilization or IVF (a process by which an egg is fertilized by sperm outside the body) to conceive your child
- b) Your partner is a CF carrier
- c) Your partner is Caucasian
- d) All of these